

# Primary Care CPD Event Invitation



## Caring for Colleagues, Caring for Ourselves

*This education session will provide a detailed case presentation and interactive discussion on the key theme of doctors' psychological health. It will explore specific psychological health problems and challenges confronting medical professionals and colleagues, and discuss ways to respond to those problems. The interactive session will also explore the barriers to doctors seeking treatment in rural areas and delve into the role of both the treating doctor and the doctor as patient. Through learning how to respond to the psychological health challenges confronting medical practitioners, GPs will be healthier themselves and better able to effectively and safely treat patients and doctors in their care.*

### Presented by:

**Prof. Garry Walter**, AM – Consultant Psychiatrist; **Dr Hilton Koppe** – GP/Medical Education Consultant;  
**Dr Jenny Geraghty**, GP; **Ms Sarah Foster** – DHAS Social Worker &  
**Ms Meredith McVey** OAM – MBANSW Social Worker

<b>Date:</b>	<b>Saturday, 24 November 2018</b>
<b>Time:</b>	<b>12.00pm to 6.00pm</b> (lunch provided)
<b>Location:</b>	<b>Western NSW PHN Office (Conference Room), First Floor, 187 Brisbane St, Dubbo</b>
<b>Target Audience:</b>	GPs, GP Registrars, Medical Specialists and Medical Students and Trainees
<b>Program:</b>	<b>12.00pm</b> Registration/Lunch (provided) <b>12.25pm</b> Welcome <b>12.30pm</b> Education session <b>3.00pm</b> Afternoon tea <b>3.15pm</b> Education session <b>6.00pm</b> Evaluation and close

- Learning Outcomes:**
- Recognise psychological health challenges and problems in doctors
  - Respond confidently to psychological challenges and problems through early intervention
  - Take steps to improve personal psychological health and wellbeing
  - Develop strategies to help ensure the best outcome for both the doctor treating a doctor and the doctor as a patient
  - Identify the role of Doctors' Health Advisory Service and the support it offers
  - Recognise the importance of having one's own GP

**RSVP Date:** 12 November 2018

**Online Registration:** <https://www.wnswphn.org.au/events/event-registration?eventid=543>

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Approval for ACRRM  
Core PDP points is pending

